

CareAcademy Class Catalog

About Us

CareAcademy provides high-quality, state-approved caregiver training for home care agencies that increases caregiver knowledge. Caregivers love to complete all of their needed training from an easy-to-use, mobile-friendly platform designed around their style of learning. Home care agencies know their caregivers are current with their training requirements and are able to manage their state specific compliance needs.

Immediate ROI for your Agency

74%

Reduction in Caregiver Turnover

Within one year, CareAcademy reduced an agency's turnover from 38% to 10%

60%

Reduction in Time Spent Onboarding New Hires

Save time and money when caregivers complete CareAcademy training

Book Demo



Introduction to Caregiving		Hours	Class ID
Class	What Does it Mean to Be a Professional Caregiver? <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE0100
Description	In this class, we show new and experienced caregivers how to prepare to meet clients. We discuss professionalism, how to interact with clients and their families, how to interact with teammates, and understanding advanced directives. Caregivers will also learn the importance of workplace safety, the importance of self-care, and how to protect themselves from dangers on the job.		
Objectives	Define what a professional caregiver is and what professionalism looks like. Describe the correct way to interact with clients and their families about your care responsibilities. Describe the correct way to interact with your teammates to follow your client's care plan. Identify ways to take care of yourself and keep yourself safe when working in and around the client's home.		
Class	Clients' Rights, HIPAA & Elder Abuse Prevention <i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>	1 hr	CARE0202
Description	In this class, we discuss clients' privacy, security (confidentiality), and related rights. We discuss elder abuse and neglect, including how to prevent it and how to report it if it does occur. Forms of abuse include verbal, physical, emotional, sexual, and financial abuse. The class also discusses ethical behavior as it relates to being a caregiver.		
Objectives	Recognize the laws on privacy and confidentiality of client information (Health Insurance Portability and Accountability Act, or HIPAA). Apply your knowledge of client's rights when caring for an older adult. Identify the different signs of elder abuse. Apply strategies for preventing elder abuse. Report elder abuse based on the legal requirements for your state. Describe ethical behavior as it relates to being a caregiver. Identify signs of domestic abuse and child abuse.		
Class	Observation, Reporting & Documentation: Part 1 <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE0203
Description	This class demonstrates the importance of observing, documenting and reporting on a client's condition. Caregivers will learn techniques for objective and subjective observation, elements and types of reports, and characteristics of effective documentation.		
Objectives	Explain the importance of observation of client condition. Identify types of observation. Describe types of reports caregivers make and the elements of effective reports. Explain the importance of good documentation. Describe the characteristics of good documentation.		
Class	Observation, Reporting & Documentation: Part 2 <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE0204
Description	In this class, caregivers will learn how to look for changes in a client's condition, and the importance of reporting abnormal observations. They will learn to identify symptoms of concern and how to respond to changes in different bodily systems, in the client's vital signs, mental status, skin, nutrition, elimination, and in the client's home environment.		
Objectives	Determine necessary observations of normal and abnormal conditions. Identify signs and symptoms of concern for different bodily systems. Describe appropriate observations of a client's family and home environment.		
Class	Observation, Reporting & Documentation: Part 3 <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE0205
Description	In this class, caregivers will learn when to report on the client's condition, how to report, and the types of reports to make. The class will also cover the characteristics of effective documentation, common medical terminology used in documentation, and the dangers of inaccurate documentation.		
Objectives	Describe the types of reports caregivers make. Identify elements of effective documentation. Discuss the impact of inaccurate documentation. Identify medical terminology and abbreviations used in documentation		

Class	Vital Signs: Part 1	1 hr	CARE0206
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	In this class, caregivers will learn the role of vital signs in assessing a client's health, and the importance of accurately measuring vital signs. Caregivers will learn when to measure temperature, pulse, respiration, and blood pressure, and the normal ranges for each. The course will also cover how to monitor a client's pain.		
Objectives	Describe the five vital signs and why vital signs are important. Explain the importance of monitoring a client's body temperature. Explain the importance of monitoring a client's pulse. Explain the importance of monitoring a client's respiration. Explain the importance of monitoring a client's blood pressure. Explain the importance of monitoring a client's pain.		
Class	Vital Signs: Part 2	1 hr	CARE0207
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class teaches caregivers the techniques for measuring vital signs: temperature, pulse, respiration, blood pressure, and pain. Caregivers will learn when to measure temperature, pulse, respiration, and blood pressure, the normal ranges for each, and what to do when measurements are outside normal ranges.		
Objectives	Demonstrate how to measure a client's body temperature. Demonstrate how to measure a client's pulse. Demonstrate how to measure a client's respiration. Demonstrate how to measure a client's blood pressure. Determine how to assess a client's pain.		
Class	Body Mechanics and Injury Prevention	0.33 hr	CARE0208
Description	This class covers an overview of ergonomics, body mechanics, and body parts most prone to caregiver injury (sprains, tears, soreness). It also covers proper body mechanics to use when performing ADLs to avoid common caregiver injuries.		
Objectives	Identify body parts most prone to injury as a caregiver and proper body mechanics Identify proper body mechanics when performing common tasks and assisting with ADLs		
Communication & Professionalism		Hours	Class ID
Class	Communicating with Older Adults	1 hr	CARE0103
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	In this CareAcademy class, we discuss strategies for communicating with older adults who have impairments such as hearing, vision, or memory loss. We also review how to apply good communication skills to manage difficult client behaviors and events.		
Objectives	Identify good communication techniques for working with older adults. Discuss additional communication techniques for older adults with physical disabilities and memory problems.		
Class	Time Management & Organization Skills	1 hr	CARE0104
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers the importance of time management. Caregivers will learn to determine priorities, set goals, and manage their personal and professional time more effectively.		
Objectives	Describe the importance of time management. Demonstrate how to determine priorities and set realistic goals. Identifying the obstacles to effective time management.		

Class	Hiring & Communicating with Caregivers	1 hr	CARE0105
Description	This class will teach family members how to hire and communicate with caregivers for older adult family members. Family members will learn the steps to follow when selecting and interviewing a caregiver. Family members will consider the financial and legal aspects of bringing a caregiver into the home, and how to maintain effective communication with caregivers.		
Objectives	Determine plans to be made prior to hiring caregivers of older adults. Identify types of caregiving services and strategies for selecting caregivers of older adults. Recognize financial and legal considerations when hiring caregivers of older adults. Describe approaches for effective communication with caregivers of older adults.		
Class	Sexual Harassment Prevention	1 hr	CARE0106
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach the caregiver how to recognize, report, and help protect themselves from sexual and other forms of harassment.		
Objectives	Define sexual harassment. Recognize sexual and other forms of harassment. Determine strategies for addressing sexual harassment.		
Class	Working with an Aging Population	1 hr	CARE0107
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	This class will explore the role of aging in the twenty-first century, and explain how ageism impacts older adults. Caregivers will learn how age and illness affect the sensory and motor functions of the older adult, and how to adapt care for an older client's needs.		
Objectives	Explain the role of aging in the twenty-first century. Recognize examples of ageism. Determine how the five senses change with age. Identify the age-related physical changes that impact the care of older adults.		
Class	Providing Homecare to LGBT Older Adults	1 hr	CARE0108
Description	Have you ever wondered what is unique about working with lesbian, gay, bisexual, and transgender (LGBT) older clients, or why some LGBT people are afraid to share their identity with care providers? This course will provide information on LGBT history in the United States. You will learn how to engage LGBT clients, strategies for using affirming language, and ways to create a sense of safety for your client.		
Objectives	Apply key facts and figures about LGBT older adults. Define terminology, including words like lesbian, gay, bisexual, and transgender. Understand the impact of discrimination on LGBT older adults. Explore how to have respectful and positive interactions with LGBT clients. Determine how to reconcile your personal beliefs with your professional responsibilities. Describe best practices for organizations working LGBT older adults and caregivers. Review some of the laws and regulations that protect LGBT older adults.		
Class	Introduction to Long-Term Care	0.6 hr	CARE0109
Description	The world of long-term care includes many people and places, including different care settings and multiple team members working together to achieve the best outcomes for clients. In this class, you will learn about the various settings direct care workers (DCWs) work within and the roles and responsibilities of different types of DCWs. You will also be introduced to various members of the care team, their roles in your client's care, and how you might interact with them.		
Objectives	Define long-term care. Define the goals of long-term care. List individuals who may receive long-term care services. Describe common settings where long-term care is provided. Describe common types of long-term care services. Identify the roles and responsibilities of the members of the care team.		

Class	Fraud, Waste, and Abuse (FWA) for Direct Care Workers	0.83 hr	CARE0110
Description	In this class, you will learn how to identify, report, prevent, and correct Medicare fraud, waste, and abuse (FWA) as a direct care worker (DCW). You will also learn about the laws and regulations that apply to fraud, waste, and abuse.		
Objectives	Define fraud, waste, and abuse (FWA). Describe how Medicare FWA are harmful. Recognize FWA in the Medicare program. Identify the major laws and regulations pertaining to FWA. Recognize potential consequences and penalties associated with violations. Identify methods of preventing FWA. Describe how to report FWA. Describe how to correct FWA.		
Class	Professionalism: Communication, Problem Solving & Cultural Competency	1 hr	CARE0113
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	This class explores the importance of communication and problem-solving skills for professional caregivers. You will learn to recognize cultural differences and identify strategies for communicating effectively with those whose language and cultural background differ from yours.		
Objectives	Define communication. Demonstrate good communication skills including verbal and non-verbal approaches. Utilize problem-solving skills for dealing with conflicts. Define culture and how it influences an individual's worldview. Recognize cultural differences through behaviors or beliefs. Communicate effectively with those whose language background differs from yours.		
Class	Understanding Cultural Competency	0.66 hr	CARE0114
Description	This class helps caregivers recognize what cultural competency is and its role in health care. Caregivers will also learn about how assumptions and myths impact commonly marginalized groups. They will learn how to identify discriminatory language, behavior, implicit bias, and microaggressions. They will also learn how to apply strategies to address possible personal biases.		
Objectives	Define the meaning of cultural competency and its role in health care and the impact of assumptions and myths on marginalized groups. Identify examples of discriminatory language, behavior, implicit bias, and microaggressions. Recognize examples of indirect discrimination.		
Class	Recognizing Barriers to Care	0.75 hr	CARE0115
Description	This class helps caregivers recognize the barriers that many individuals experience when seeking health care. Caregivers will learn how the social determinants of health affect health outcomes, and how physical, social, and systemic barriers impact marginalized people. They will also learn how to apply strategies to remove barriers and foster safe and welcoming care environments.		
Objectives	Describe how conditions in the environments where people are born, live, learn, work, play, worship, and age affect health outcomes. Examine the social, physical, and systemic barriers to health care that marginalized people experience. Discuss how to create a safe and welcoming care environment.		
Class	Providing Person-Centered Care	0.75 hr	CARE0116
Description	This class demonstrates how to practice person-centered care when assisting clients. Caregivers will learn the importance of getting to know their clients, fostering their independence, and treating them with respect and dignity.		
Objectives	Describe the benefits of providing person-centered care for clients. Explain how to provide person-centered care on a daily basis to respect the client's individuality.		

Assisting with Activities of Daily Living		Hours	Class ID
Class	Assisting with Personal Care Through ADLs	1 hr	CARE0300
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	In this class on activities of daily living (ADLs), we touch upon how to assist older adults with activities such as transferring, bathing, grooming, dressing, toileting, and eating.		
Objectives	Define activities of daily living and the importance of personal care. Describe the strategies for assisting with personal hygiene. Describe the best practices to be followed while assisting older adults for transferring, bathing, dressing, toileting, and eating.		

Class	Assisting with Bathing	1 hr	CARE0301
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to bathe an older adult. After understanding the importance of bathing, caregivers will be instructed on how to make bathing safe and dignified.		
Objectives	Bathe an older adult. Implement strategies for safe and dignified bathing. Solve conflicts in bathing an older adult.		
Class	Assisting with Elimination Needs	1 hr	CARE0302
Description	This class will teach caregivers the reasons for bowel and bladder control and elimination problems in older adults. Caregivers will learn techniques for using appropriate equipment when assisting clients with elimination.		
Objectives	Explain reasons for bowel and bladder control and elimination problems in older adults. Identify the steps for assisting an older adult in using the toilet. Identify the steps for assisting an older adult in using a bedpan. Identify the steps for assisting an older adult in using a urinal. Describe the purpose and use of urinary catheters in older adults.		
Class	Assisting with Oral Hygiene	1 hr	CARE0303
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	This class will teach caregivers how to assist clients with oral care. Caregivers will learn how to inspect the mouth for signs of problems, and how to provide care for clients with dental pain.		
Objectives	Describe features of the mouth. Recognize symptoms of mouth problems. Identify oral health problems caused by common medical conditions and medications. Determine caregiving techniques for clients who have dental pain.		
Class	Assisting with Oral Feeding	0.25 hr	CARE0304
Description	This class will teach direct care workers about varying levels of oral feeding assistance. Caregivers will learn how to provide different levels of oral assistance, and about beneficial modifications, adaptive devices, and choking hazards.		
Objectives	Recognize how to set up a meal for a client while identifying individual mealtime needs. Differentiate between different levels of oral feeding assistance. Identify uses of assistive devices.		
Assisting with Living Independently		Hours	Class ID
Class	Assisting with Independent Living Through IADLs	1 hr	CARE0400
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	In this class on instrumental activities of daily living (IADLs), we touch upon how to assist older adults with activities such as meal preparation, medication self-administration, social connections, and transportation.		
Objectives	Demonstrate an understanding of food and nutrition when assisting with meal planning for the older adult. Determine tactics for assisting older adults with self-administration of medication. Identify strategies for assisting older adults to maintain social connections. Recognize approaches for transporting older adults.		
Class	Overview of Transfers & Mobility Equipment	1 hr	CARE0403
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to safely use lifts and mobility equipment with an older adult, as well as ways in which bed rails and alarms can be used to increase nighttime safety.		
Objectives	Identify different types of mobility equipment and their use. Explain how to safely transfer an older adult using a gait belt, slide board, or mobility device. Describe how to use a Hoyer lift to transfer an older adult. Determine how to use bed rails, monitors, and alarms to keep an older adult safe in bed.		

Class	Assisting with Range of Motion Exercises	1 hr	CARE0404
<i>Closed Captions (English) and Spanish Subtitles Available</i>			

Description This class will discuss how joints and muscles work together, and their role in mobility. Caregivers will learn how to safely perform active and passive range of motion exercises with an older adult.

Objectives Describe the anatomy of joints. Explain how muscles help joints to move. Demonstrate how to perform active range of motion exercises for the older adult's upper and lower body. Demonstrate how to perform passive range of motion exercises for older adults who are bedridden.

Class	Assisting with Activities & Recreational Therapy at Home	1 hr	CARE0405
<i>Closed Captions (English) and Spanish Subtitles Available</i>			

Description This class will teach caregivers the importance of recreational therapy for older adults. Caregivers will learn how to safely use recreational therapy skills with clients. Caregivers will also learn how to safely lead activities for older adults with certain medical conditions.

Objectives Describe the importance of recreational therapy in the care of older adults. Demonstrate the caregiver's role in providing engagement opportunities for older adults. Identify safe recreational therapy activities for older adults. Explain the barriers to recreational therapy and challenges for older adults living with medical conditions.

Class	The Importance of Proper Hydration: Supplement	0.08 hr	CARE0406
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Description This supplement covers the importance of hydration, identifying signs of dehydration and overhydration, intake and output monitoring, fluid measurement, and fluid conversion.

Objectives Describe the importance of hydration in older adults. Identify signs of dehydration and overhydration. Explain the purpose of intake and output measurement. Describe the process of fluid measurement and conversion.

Managing Specific Health Conditions		Hours	Class ID
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Class	Overview of Cancer Care	1 hr	CARE0500
<i>Closed Captions (English) and Spanish Subtitles Available</i>			

Description This class will teach caregivers about cancer, what is unique about cancer in an older adult, cancer treatments, cancer symptoms, and potential caregiver tasks. After understanding what cancer is and how it can affect older adults differently, caregivers will be prepared to care for older adults and specific challenges they face when diagnosed and living with cancer.

Objectives Define cancer. Describe cancer symptoms unique to older adults. Describe side effects of cancer and cancer treatment in older adults. Define caregiver tasks related to cancer.

Class	Overview of Heart Disease Care	1 hr	CARE0501
<i>Closed Captions (English) and Spanish Subtitles Available</i>			

Description This class will teach caregivers about working with patients who have heart disease. The class focuses on how healthy living, medications, and caregiving activities work together to help the client.

Objectives Define heart disease. Identify common symptoms of heart disease in older adults. Explain methods for tracking and managing symptoms of heart disease. Describe a healthy diet for an older adult with heart disease.

Class	Overview of Parkinson's Disease Care	1 hr	CARE0502
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will provide caregivers with a brief overview of Parkinson's disease, emphasize the importance of watching for worsening disease, and teach strategies to keep older adults with Parkinson's disease safe. By the end of the class, a caregiver will be able to demonstrate understanding of his or her role in the management of Parkinson's disease in older adults by listing some strategies for patient care that ensure dignity and quality of life for clients.		
Objectives	Describe the symptoms of Parkinson's disease in older adults. Describe how to manage the symptoms of Parkinson's disease. Describe a healthy diet and exercise plan for an older adult with Parkinson's disease.		
Class	Overview of Diabetes Mellitus Care	1 hr	CARE0503
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers what diabetes mellitus is, and how to identify the causes and symptoms of high and low blood sugar. Caregivers will learn to develop nutritious dietary plans for clients with diabetes.		
Objectives	Explain the causes and impact of diabetes mellitus. Describe the diet and nutrition considerations for an older adult with diabetes. Identify the causes and symptoms of low blood sugar in older adults with diabetes. Identify the causes and symptoms of high blood sugar in older adults with diabetes.		
Class	Overview of End of Life Care	1.08 hr	CARE0504
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to care for the physical and emotional needs of clients at the end of life and how to support the client's family members during this time. Caregivers will also learn how to support the client in the final hours of life and care for a body after death.		
Objectives	Determine appropriate responses to the emotions experienced by an older adult at the end of life. Recommend strategies for caring for the physical needs of an older adult at the end of life. Explain nutritional considerations for older adults at the end of life. Recommend ways to support family members of an older adult at the end of life. Identify signs that an older adult is in the last moments of life. Describe appropriate actions after death.		
Class	Overview of Care After Hospital Discharge	1 hr	CARE0505
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers the common reasons older adults are hospitalized and the importance of care after discharge. Caregivers will learn how to identify and care for the physical and mental changes that older adults experience after hospital discharge. Caregivers will also learn how to develop safe and effective nutrition plans for older adults after returning home from the hospital.		
Objectives	Explain common reasons why older adults are hospitalized and the importance of care after hospital discharge. Identify medical and medication changes in older adults after hospital discharge. Describe the physical changes older adults experience during hospitalization and after discharge. Develop safe and effective nutrition plans for older adults after a hospital discharge. Identify signs of mental and emotional distress in older adults after hospital discharge.		
Class	Overview of Care After a Stroke	1 hr	CARE0506
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to provide safe care at home to clients after a stroke. Caregivers will learn how to identify the common physical, mental, and emotional effects of a stroke. They will also learn how to help the client manage activities of daily living.		
Objectives	Identify common physical effects of a stroke. Describe how to help a client perform activities of daily living after a stroke. Identify common mental effects of a stroke. Identify common emotional effects of a stroke. Determine approaches for helping a client meet nutritional needs after a stroke.		

Class	Overview of Intellectual Disability Care	1 hr	CARE0507
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will provide an introduction to caring for adults with intellectual disabilities. Caregivers will learn to identify common causes of intellectual disability. They will also learn to assess baseline functioning of an older adult with intellectual disability. Caregivers will also learn how to recognize changes in clients with intellectual disability and determine possible reasons for those changes.		
Objectives	Define intellectual disability and identify common causes. Determine baseline functioning for an older adult with intellectual disability. Recognize changes that may occur in older adults with intellectual disability.		
Class	Gastrointestinal Issues: Heartburn, Constipation & Diarrhea	1 hr	CARE0508
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers basics of the digestive process and how digestive functions change with age. Caregivers will learn how to identify and help older adults manage gastrointestinal issues such as heartburn, constipation, and diarrhea.		
Objectives	Describe the digestive process. Explain how digestive functions change with age. Identify causes and management of heartburn. Identify causes and management of constipation. Identify causes and management of diarrhea.		
Class	Obesity & Weight Management	1 hr	CARE0509
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers the factors that contribute to obesity in older adults, and the risks of overweight and obesity. Caregivers will learn how to help older adults manage their weight with diet, meal planning, and physical activity.		
Objectives	Identify the factors that contribute to overweight and obesity in older adults. Describe the diet and nutrition requirements for an older adult with overweight or obesity. Explain meal preparation for weight management for older adults with overweight or obesity. Determine physical activities for weight management for older adults with overweight or obesity.		
Class	Overview of Arthritis Care	1 hr	CARE0511
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will help caregivers understand common types of arthritis in older adults. Caregivers will learn to recognize arthritis symptoms and how to help clients manage daily tasks.		
Objectives	Identify common types of arthritis. Describe strategies for helping older adults manage arthritis. Explain methods of supporting daily tasks for older adults with arthritis.		
Class	Advanced Heart Disease Care	1 hr	CARE0512
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class teaches caregivers the parts of the cardiovascular system and common cardiovascular conditions that affect older adults. Caregivers will learn the symptoms of cardiovascular diseases, common medications used to treat cardiovascular conditions, and how to observe and report changes in a client's condition. Caregivers will also learn how to assist clients with cardiovascular conditions with activities of daily living.		
Objectives	Identify the components of the cardiovascular system. Describe common cardiovascular diseases and conditions. Determine significant changes in the condition of a client with a cardiovascular condition. Explain how to assist a client with a cardiovascular condition to perform ADLs. Describe common medications used to treat cardiovascular conditions.		

Class	Overview of HIV/AIDS	1 hr	CARE0513
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class gives caregivers an overview of HIV infections and acquired immunodeficiency syndrome (AIDS). In this class, we discuss how to care for an older adult with HIV/AIDS, including considerations for the client's safety, health management, and nutrition.		
Objectives	Identify methods of HIV transmission and infection. Recognize the symptoms of AIDS. Describe the medications and treatments available for older adults living with HIV/AIDS. Provide the home care required for an older adult living with HIV/AIDS.		
Class	Non-Drug Pain Management	1 hr	CARE0514
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers about common causes of pain in older adults, how to determine when a client is in pain, and how to alleviate pain without using medication.		
Objectives	Describe common causes of pain in older adults. Identify when a client is in pain. Determine ways to alleviate pain in the older adult.		
Class	Assisting with Medication Self-Administration: Part 1	1 hr	CARE0515
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class prepares participants to assist clients with self-administered medications. Caregivers will learn the different types of medication and routes of delivery. They will also learn the appropriate means of storing and handling medications, and how to read prescription labels.		
Objectives	Define the meaning of medication and identify different types of medications. Differentiate routes of medication. Identify appropriate methods of storing and handling medications. Explain prescription label components and instructions.		
Class	Managing Breathing Difficulties	1 hr	CARE0516
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will help caregivers understand how breathing difficulties affect daily life for an older adult. Caregivers will be introduced to the conditions that cause breathing difficulties, and the common medication and treatments for those conditions. Caregivers will also learn how to support clients with breathing difficulties maintain daily activities and remain safe and secure in their homes.		
Objectives	Describe common causes of breathing difficulties in older adults. Identify common medications, treatments, and equipment for older adults with breathing difficulties. Recommend strategies for managing daily activities for older adults with breathing difficulties. Demonstrate safety measures and emergency management for older adults with breathing difficulties.		
Class	Overview of Skin Care & Wound Prevention	1 hr	CARE0517
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to inspect and protect their clients' skin. Caregivers will identify the conditions that cause changes to the skin of older adults, and learn techniques to prevent wounds and protect the skin.		
Objectives	Identify the conditions that cause changes in older adults' skin. Describe ways of taking care of the older adult's skin. Explain techniques for preventing wounds in older adults.		
Class	Assisting with Medication Self-Administration: Part 2	1 hr	CARE0518
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class prepares caregivers to assist clients with self-administered medications. Caregivers will learn how to ensure the right medications are taken by the right person, in the right amount, at the right time, and by the right route.		
Objectives	Explain the legal aspects of assisting with administering medication. Identify the five rights of medication administration. Demonstrate the process of assisting clients to take medications. Describe how to observe and document a client's self-administered medications.		

Class	Managing Respiratory Diseases	1 hr	CARE0519
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class teaches caregivers the components of the respiratory system and common respiratory conditions that affect older adults. Caregivers will learn the symptoms of respiratory diseases, and how to observe and report changes in a client's condition. Caregivers will also learn how to assist clients with respiratory conditions with activities of daily living.		
Objectives	Identify the components of the respiratory system. Describe common respiratory diseases and conditions. Determine significant changes in the condition of a client with a respiratory condition. Explain how to assist a client with a respiratory condition to perform ADLs. Describe common medications and medical devices used by clients with respiratory conditions.		
Class	Medication Administration Basics	1 hr	CARE0520
Description	This class provides caregivers with the information they need to administer non-injectable medications to their clients. Caregivers will learn techniques to safely and accurately administer medications, including applying standard precautions, reading medication orders, and following the "five rights." They will also learn the importance of reporting and documenting adverse reactions, medication refusals, and errors. The class covers step-by-step procedures for administering pills, liquids, eye, ear and nose drops, topical medications, and vaginal and rectal suppositories.		
Objectives	Explain how to ensure safe medication administration using infection control and accurate measurement techniques. Describe when and how to use five rights of medication administration. Identify potential adverse medication reactions, interactions, side effects, and contraindications. Describe when and how to accurately document the administration of medications. Demonstrate the process of administering pills, liquids, eye, ear and nose drops, topical medications, and vaginal and rectal suppositories.		
Class	Performing Catheter Care	0.75 hr	CARE0521
Description	This class will teach caregivers how to care for clients with indwelling urinary catheters. Caregivers will learn procedures for providing daily catheter care, emptying the catheter drainage bag, and changing and cleaning the catheter drainage bag.		
Objectives	Describe the correct procedure for performing routine care for clients with indwelling catheters. Describe the correct procedure for emptying a urinary catheter drainage bag. Describe the correct procedure for changing and cleaning a urinary catheter drainage bag.		
Class	Performing Ostomy Care	0.4 hr	CARE0522
Description	This class will teach caregivers how to care for clients with ileostomies and colostomies. Caregivers will learn the meaning and purpose of different types of ostomies. They will also see how empty and change ostomy appliances, and assist with related care.		
Objectives	Define the term ostomy and conditions that may require ostomies. Describe the procedures for emptying and changing ostomy pouches. Describe what to observe, document, and report when assisting a client with an ostomy. Identify the physical and emotional needs of clients with ostomies.		
Class	Understanding Tube Feeding Care	0.92 hr	CARE0523
Description	In this class, you will learn how a nurse performs routine care for clients who require tube feeding, also known as enteral nutrition. You will learn why a client may require tube feeding, how a nurse performs maintenance activities, and the complications nurses look for while providing care. Note: CareAcademy does not endorse the performance of tube feeding care by unauthorized direct care workers. Only your nurse supervisor and agency administrator can assign these tasks. Please do not perform these tasks without their express consent and authorization.		
Objectives	Explain why older adults may require tube feeding. Describe common types of tube feeding. Describe the procedures a nurse follows for delivering nutrition via feeding tube. Describe the procedure a nurse follows for caring for the gastrostomy site. Recognize common issues and complications that clients with feeding tubes may experience.		

Class	Overview of Physical Disabilities & Chronic Conditions	1 hr	CARE0524
Description	This class defines and provides examples of physical disabilities and chronic conditions. It includes information about how caregivers can help physically disabled clients including physical transfers, skincare, support surfaces, and how to assist clients with ADLs. It also discusses the social and emotional impact while providing specific examples for using person-first language and maintaining a client-first environment.		
Objectives	Define terms and identify caregiver tips related to physical disabilities and chronic conditions. Distinguish ways to adapt personal care procedures to provide adequate care based on physical disability or condition. Identify social and emotional needs of clients with physical disabilities.		
Class	Introduction to Palliative and Hospice Care	0.5 hr	CARE0525
Description	Palliative care and hospice care have specific goals that require you to approach caring for your client with a different mindset. In this class, you will learn the differences and similarities between these two types of care and how both can be beneficial for your client towards the end of life.		
Objectives	Define palliative care. Define hospice care. Explain the DCW's role when a client is receiving palliative care or hospice care.		
Class	Overview of Body Systems	1 hr	CARE0536
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers about the changes that affect the human body with age. At the end of the class, the caregiver will understand the functions and common disorders that impact different organ systems, including the musculoskeletal system, the integumentary system, the digestive system, the lung and heart systems, the urinary system, and the brain and nervous system.		
Objectives	Identify physical changes due to age and the common disorders that affect the musculoskeletal system. Identify physical changes due to age and the common disorders that affect the integumentary system. Identify physical changes due to age and the common disorders that affect the digestive system. Identify physical changes due to age and the common disorders that affect the lung and heart systems. Identify physical changes due to age and the common disorders that affect the urinary system. Identify physical changes due to age and the common diseases that affect the brain and nervous system.		
Nutrition and Meal Preparation		Hours	Class ID
Class	Overview of Nutrition & Food Preparation	1 hr	CARE0600
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	This class discusses what appropriate nutrition looks like for an older adult and how to prepare meals that meet clients' nutritional needs. It explores food prep, modified diets, and adaptive equipment to help meet those needs. It also reviews why older adults are at risk for poor nutrition and how to assist with nutritional needs.		
Objectives	Define words that relate to nutrition. Explain why older adults are at risk for poor nutrition. Use food prep, modified diets, and adaptive equipment to meet your client's nutritional needs.		
Class	Modifying Diets to Assist with Difficulty Chewing	1 hr	CARE0601
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will educate caregivers on the needs of older adults with altered chewing/swallowing functionality, and how to modify meals for those that require diets needing a modified texture or thickened liquids. After reviewing the needs and reasons to why a modified diet is required, the caregiver will be able to identify these potential needs and be able to modify an individual's meal to meet any modified solid or liquid texture needs.		
Objectives	Recognize signs and situations where an older adult may need a modified diet. Choose an appropriate type of dietary modification. Practice ways to decrease risk of issues with chewing and swallowing.		

Class	Planning Meals to Meet Cultural, Ethnic, Religious, and Dietary Needs	0.33 hr	CARE0602
Description	This class will teach direct care workers about different ways to plan and prepare meals to meet cultural, ethnic, religious, and specific dietary needs. Caregivers will learn how to take client preferences and dietary needs into consideration when purchasing food. Caregivers will also learn about reading food labels.		
Objectives	Recognize regional, cultural, and religious food preferences when preparing meals. Identify common diets that require modifications when preparing meals. Recognize items to consider when shopping for clients including a budget, food type, and dietary restrictions.		
Infection Control		Hours	Class ID
Class	Maintaining a Clean & Healthy Environment (Infection Control)	1 hr	CARE0700
	Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.		
Description	In this class, caregivers learn how to maintain a clean and healthy environment for the older adults in their lives. Topics discussed include standard precautions (also known as universal precautions), including hand hygiene and the use of personal protective equipment, and how to dispose of sharps and other contaminated materials and equipment. Also covered are methods of transmission, bloodborne pathogens and airborne diseases, transmission-based precautions, and techniques for cleaning and disinfection for infection control.		
Objectives	Identify different ways that infections can be transmitted, including bloodborne pathogens. Define infection control and explain its importance. Demonstrate appropriate practices for controlling infection. Apply strategies for cleaning and disinfecting a client's home to prevent the spread of infection.		
Class	Personal Protective Equipment for Home Care	1 hr	CARE0705
	Closed Captions (English) and Spanish Subtitles Available		
Description	This class will provide caregivers with information on the use of personal protective equipment (PPE) for home care. They will also learn about different types of PPE, and when and how to use them.		
Objectives	Explain the role of PPE in infection control when it is appropriate to use them. Explain the different types of gloves, masks, gowns, and eye protection and when to use them. Describe how to don (put on) gloves, a mask, gowns, and eye protection. Describe how to doff (remove) gloves, a mask, gowns, and eye protection. Determine the correct sequence for donning and doffing pieces of PPE.		
Class	Overview of COVID-19	1 hr	CARE0706
	Closed Captions (English) and Spanish Subtitles Available		
Description	This class will provide caregivers with relevant information on the coronavirus disease 2019 (COVID-19). Caregivers will learn where to obtain reliable information about the virus, how to help prevent the virus from spreading, and how to care for themselves and their clients.		
Objectives	Describe COVID-19, its symptoms, the people most at risk of serious illness from it, and how it is transmitted. Identify reliable sources of information about COVID-19. Apply strategies for reducing the spread of the COVID-19 virus. Describe tactics for providing care to someone who has COVID-19. Explain why cleaning and disinfection is important during the COVID-19 pandemic. Suggest strategies for self-care for caregivers during the COVID-19 global pandemic.		
Class	Understanding the COVID-19 Vaccine	0.66 hr	CARE0707
Description	This class equips direct care workers to make an informed decision about the vaccine. The class provides direct care workers (DCWs) with relevant, reliable information about the vaccine and vaccination process.		
Objectives	Explain the benefits of the COVID-19 vaccine. Differentiate between facts and myths about the vaccine. Explain the vaccine distribution process. Describe the process of receiving the vaccine.		

Emergency & Safety		Hours	Class ID
Class	Emergency Procedures <i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>	1 hr	CAREo800
Description	This class discusses emergency preparedness for disasters such as severe weather, fire, floods, earthquakes, and other emergency situations. It explores how caregivers can plan for these types of emergencies, and how best to care for their clients and themselves should a disaster occur. It also reviews standard fire safety tips.		
Objectives	Demonstrate emergency and disaster preparedness (and handling of emergencies and use of emergency services). Apply standard fire safety tips in a fire emergency.		
Class	Safety Precautions & Falls Prevention: Part 1 <i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>	1 hr	CAREo802
Description	Falls are the biggest risk to older adults and, as a caregiver, you can be the first line of defense to help reduce the risk of falls. In this class, we discuss why older adults are likely to fall, identify potential dangers throughout the older adult's home, and explore falls prevention strategies to keep the older adult safe.		
Objectives	Explain why falls happen in older adults and how falls can be prevented. Evaluate each room in the older adult's house for potential risk of falls. Talk to the older adult about falls prevention and how to make it part of his or her daily routine.		
Class	Safety Precautions & Falls Prevention: Part 2 <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CAREo803
Description	In this class, we explore the common medical factors that cause older adults to fall, and review specific exercises for preventing falls. We also discuss additional safety precautions, including managing aggressive behavior when caring for an older adult, and identifying and reporting changes in the older adult's condition.		
Objectives	Discuss how medical factors can contribute to falls in older adults. Demonstrate specific exercises for the older adult that help with preventing falls. Manage aggressive behaviors that may happen when caring for an older adult. Effectively report changes in the older adult's condition. Tell the difference between emergencies that do require calling 911 and emergencies that do not.		
Class	Recognizing Fire and Medical Emergencies	0.83 hr	CAREo804
Description	This class teaches direct care workers how to recognize fire and medical emergencies and properly respond by contacting 911 when appropriate.		
Objectives	Recognize a fire emergency. Recognize a medical emergency. This includes being able to recognize: common sudden illness; choking; shock; seizure; heat-related illnesses and cold-related emergencies; head, neck, and spinal injuries; severe allergic reaction; burns; severe bleeding; and poisoning. Contact 911 when appropriate.		
Class	Performing Basic First Aid During Medical Emergencies	0.75 hr	CAREo805
Description	This class covers the correct procedures for providing basic first aid for your client for the most common medical emergencies until Emergency Medical Services arrives. Note: Completing this class will provide the learner with an understanding of basic first aid.		
Objectives	Describe the procedure for providing basic first aid to a client who is experiencing: common sudden illness; choking; shock; a seizure; heat-related illnesses and cold-related emergencies; head, neck, and spinal injuries; bone or joint injuries; severe allergic reaction; burns; severe bleeding; and poisoning.		

Class	Performing Basic First Aid During Medical Non-Emergencies	0.25 hr	CAREo8o6
Description	Describe the process for correctly responding to a client who experiences a common medical non-emergency: a headache; mild reactions to insect bites and stings; a muscle sprain; a strain; a minor burn; minor cuts, scrapes, and bruises; or a nosebleed. Note: Completing this class will provide the learner with an understanding of basic first aid.		
Objectives	This class teaches direct care workers how to provide basic first aid when your client experiences a common medical non-emergency. Note: Completing the class does not confer First Aid certification.		
Class	Emergency Planning and Response	1 hr	CAREo8o7
Description	This class discusses emergency preparedness and procedures to follow in the event of disasters such as severe weather, floods, earthquakes, and other emergency situations. It explores how direct care workers can prepare for these types of emergencies, and how best to care for their clients and themselves should a disaster occur. It also reviews standard fire prevention and safety tips.		
Objectives	Describe the importance of being prepared for emergency situations; Describe how to ensure you and your client are prepared to respond in the event of an emergency; Describe how to properly respond in the event of common weather-related emergencies; Describe how to properly respond in the event of common natural disasters; Describe common causes of fire-related emergencies; Describe how to prevent a fire-related emergency		
Caregiver Self-Care		Hours	Class ID
Class	Coping Skills for Caregivers	1 hr	CAREo9o0
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers about stress and the importance of taking care of themselves. Caregivers will learn coping skills for their physical and emotional health, and how to create a plan to use those skills.		
Objectives	Explain the causes of caregiver stress. Identify healthy and unhealthy coping skills for caregivers. Determine how to create a plan to manage caregiver stress.		
Class	Improving Caregiver Empathy	1 hr	CAREo9o1
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class introduces the concept of empathy and its importance when providing care to older adults. Participants will identify common situations that make it challenging to be empathetic, and review techniques to help build an empathetic approach. Participants will be able to describe the benefits of practicing empathy for both the client and the caregiver.		
Objectives	Define the difference between empathy and sympathy. Describe the importance of empathy for caregivers. Understand when it is difficult for caregivers to empathize with clients. Use strategies for showing empathy with clients.		
Class	Managing Job-Related Stress	1 hr	CAREo9o2
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will explore work-related stresses that a professional caregiver may encounter, including generational differences, family dynamics, and client conflicts. The class will provide strategies for coping with workplace conflict and how to manage grief after the death of a client.		
Objectives	Define stress and how it impacts health. Implement strategies for dealing with workplace conflicts. Identify differences between generations and types of generational conflicts. Explain the types of conflicts that caregivers experience on-the-job. Describe how professional caregivers may react to the death of a client.		

Home Management		Hours	Class ID
Class	Light Housekeeping Techniques <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE1000
Description	The class explores how to maintain cleanliness in the client's home and avoid the spread of infection and bacteria.		
Objectives	Identify the daily cleaning tasks that should be completed in your client's home. Apply recommended cleaning tips to the older adult's bedroom, kitchen, bathrooms, family/living room, and other areas of the house.		
Class	Basic Housekeeping Techniques *New version of Light Housekeeping Techniques*	1 hr	CARE1001
Description	This class covers the essential housekeeping tasks that caregivers may perform for their clients. Caregivers will learn general tips for housekeeping, safe use of cleaning products, and how to clean and tidy different rooms within the client's home. They will also learn how to do laundry, make beds, and run errands for the client.		
Objectives	Identify the housekeeping tasks that caregivers may perform for their clients. Determine how to clean and tidy a client's bedroom, kitchen, bathroom, and family/living room. Explain how to perform specific housekeeping tasks, such as doing laundry, making beds, running errands, and pest control.		
Mental Health		Hours	Class ID
Class	Overview of Depression Care <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE1100
Description	This class will help caregivers understand what depression is. Caregivers will learn signs and symptoms of depression in the older adult. By the end of the course, caregivers will be able to identify who may be at risk and understand non-medical strategies to help treat depression.		
Objectives	Define depression. Identify common symptoms of depression in older adults. Identify risks for developing depression in older adults. Explain strategies for helping an older adult with depression.		
Class	Overview of Anxiety Care <i>Closed Captions (English) and Spanish Subtitles Available</i>	1 hr	CARE1101
Description	This class will help caregivers recognize the signs and symptoms of anxiety in older adults. Caregivers will identify common types of anxiety disorders and approaches for managing anxiety in older adults.		
Objectives	Define the signs and symptoms of anxiety in older adults. Describe the most common types of anxiety disorders. Identify approaches to managing anxiety in older adults.		
Class	Overview of Mental Illness Care <i>Closed Captions (English) and Spanish Subtitles Available</i>	1.16 hr	CARE1102
Description	This class will teach caregivers the basics of mental illness in older adults. Caregivers will learn to identify common mental illnesses, their causes, and common treatments. Caregivers will also learn strategies for coping with the challenging behaviors of older adults with mental illnesses, and what to do if those behaviors become inappropriate.		
Objectives	Define mental illness. Identify common mental illnesses in older adults. Describe treatment options for older adults with mental illnesses. Determine strategies for managing the behaviors of older adults with mental illness.		

Class	Overview of Substance Abuse in Older Adults	0.66 hr	CARE1103
Description	Direct care workers play an important role in identifying signs of substance abuse and assisting clients who are struggling. This class teaches direct care workers how substance abuse affects older adults, how to recognize signs of substance abuse, and how they can best support their clients if they are struggling with or recovering from substance abuse.		
Objectives	Define substance abuse. Describe the difference between substance abuse and addiction. List substances that are commonly abused by older adults. Describe why older adults are at risk of developing a substance use disorder. Identify the common signs of substance abuse. Describe how to report potential signs of substance abuse. List guidelines for communicating with clients who are currently struggling with or recovering from substance abuse. Explain their role in caring for a client suffering from substance abuse.		
Class	Overview of the Effects of Behavioral Health Medications	0.5 hr	CARE1104
Description	Clients who struggle with behavioral health disorders may take medication to relieve various symptoms. These medications may cause your client to experience side effects. In this class, you will learn the purpose of common behavioral health medications, how your client is likely to respond to these medications, and how to recognize and respond when your client is experiencing side effects.		
Objectives	Describe how antidepressants, anti-anxiety medications, mood stabilizers, stimulants, and ant-psychotic medications are likely to affect your client. Recognize possible side effects caused by antidepressants, anti-anxiety medications, mood stabilizers, stimulants, and ant-psychotic medications. Respond appropriately when your client experiences side effects for medications used to treat behavioral health disorders.		
Class	Caring for Older Adults Living with Hoarding Disorder	0.5 hr	CARE1105
Description	Over time, you will likely work with clients living with hoarding disorder. In this class, you will learn about hoarding disorder, common signs and reasons people hoard, the dangers of hoarding, and safety strategies you can use to help clients who engage in hoarding.		
Objectives	Define hoarding, describe common signs of hoarding disorder, explain why older adults may engage in hoarding, describe dangers of hoarding and safety strategies to use for clients who engage in hoarding.		
Alzheimer's & Other Dementias		Hours	Class ID
Class	Introduction to Dementia Care	1 hr	CARE1200
	<i>Closed Captions (English), Spanish, Hindi, Korean, Russian, and Vietnamese Subtitles Available for videos.</i>		
Description	This class was created for professional caregivers to understand dementia and apply recommended care strategies for supporting a client living with dementia in the client's own home. Alzheimer's disease and dementia impact many aspects of care. The caregiver's ability to modify care, recognize and work through challenges, and support themselves and the family are all vital in providing care to those with Alzheimer's and dementia.		
Objectives	Define dementia. Identify common symptoms of dementia. Describe stages of Alzheimer's disease and the symptoms experienced at each stage. Recognize dementia-related behaviors. Understand the importance of the care plan for older adults living with dementia. Recognize the impacts of dementia on the client's family. Determine how to care for an older adult in the final stage of Alzheimer's disease. Recognize types of non-medicinal therapies for dementia. Suggest environmental changes to support a client living with dementia.		

Class	Communicating with a Person with Dementia	1 hr	CARE1201
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers about the different stages of dementia and discuss ways to communicate with the older adult living with dementia through each stage. The goal of this class is to give caregivers more tools and confidence around effective styles of communication with older adults with memory problems.		
Objectives	Define early stage dementia and identify positive communication strategies for older adults in this stage Describe middle stage dementia and identify positive communication strategies for older adults in this stage Describe late stage dementia and identify positive communication strategies for older adults in this stage Determine methods of communicating with clients living with dementia who exhibit dementia-related behaviors.		
Class	End of Life Dementia Care	1 hr	CARE1202
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This CareAcademy class will teach caregivers how to recognize and provide care for people living with dementia at the end of life, including strategies to manage pain and promote comfort.		
Objectives	Recognize the signs of severe dementia and end of life. Identify strategies for communicating with an older adult living with severe dementia. Determine causes of pain or discomfort in an older adult living with dementia at the end of life. Apply strategies to promote comfort in the older adult living with dementia at the end of life		
Class	Addressing Agitation & Aggression in Dementia	1 hr	CARE1203
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will help caregivers recognize agitation and aggressive behaviors in older adults living with dementia, and will provide strategies for preventing and addressing agitation and aggression.		
Objectives	Recognize causes of agitation or aggressive behavior in older adults with dementia. Identify the aggressive behaviors associated with dementia in older adults. Determine strategies for preventing agitation and aggressive behaviors in older adults with dementia. Describe tactics for managing agitated and aggressive behaviors of an older adult with dementia.		
Class	Safety in Dementia	1 hr	CARE1204
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers the importance of safety for clients living with dementia. It will also show caregivers strategies for protecting the client inside and outside the home while maintaining the client's independence.		
Objectives	Identify safety risks for older adults living with dementia. Implement accident prevention strategies in the home of an older adult living with dementia. Determine tactics for ensuring the safety of the older adult living with dementia outside the home. Consider the importance of balancing independence and safety for older adults living with dementia.		
Class	The Science of Dementia	0.5 hr	CARE1205
Description	This class will teach caregivers about the changes that affect the brain and nervous system with age. Caregivers will also learn about common diseases that cause dementia, including Alzheimer's disease, vascular dementia, Lewy body dementia, frontotemporal dementia, Parkinson's disease dementia, and mixed dementia.		
Objectives	Describe the basic structure, function, and physical changes that affect the brain and nervous system. Identify diseases that cause dementia, common symptoms, and the impact on care practices.		

Class	Parkinson's Disease Dementia	1 hr	CARE1206
	<i>Closed Captions (English) and Spanish Subtitles Available</i>		
Description	This class will teach caregivers how to identify the symptoms of Parkinson's disease and Parkinson's disease dementia, and how to care for an older adult living with Parkinson's disease dementia.		
Objectives	Recognize the relationship between Parkinson's disease and dementia. Identify the symptoms of Parkinson's disease and Parkinson's disease dementia. Describe tactics for supporting the care of an older adult living with Parkinson's disease dementia.		
Class	Person-Centered Care for Older Adults Living with Dementia	0.66 hr	CARE1207
Description	This class demonstrates how to practice person-centered care when assisting clients with dementia. Caregivers will learn how to promote dignity, independence, individuality, and choice, for their clients.		
Objectives	Describe the benefits of providing person-centered care for older adults living with dementia. Explain how to incorporate person-centered care approaches into the care of older adults living with dementia, to respect background, culture, experiences, and attitude.		
Class	Clients' Rights and Abuse Prevention for Older Adults Living with Dementia	1 hr	CARE1208
Description	In this class, caregivers will learn how to identify, prevent, and report situations of abuse, exploitation, and neglect. The class will also cover practices for ensuring the client's rights and self-determination, and how to protect confidential health information.		
Objectives	Define client's rights and the importance of confidentiality, privacy, and security of protected health information. Recognize principles of self-determination and how older adults living with dementia can make informed decisions about advance directives. Demonstrate the ability to identify, prevent, and report situations of abuse, exploitation, and neglect towards older adults living with dementia.		
Class	Addressing Dementia-Related Behaviors When Assisting with ADLs	0.25 hr	CARE1209
Description	In this class, caregivers will learn the importance of person-centered care when assisting older adults living with dementia with activities of daily living (ADLs). Caregivers will apply strategies for supporting clients throughout the progression of dementia and will identify best practices for fostering the client's dignity, independence, and choice.		
Objectives	Apply person-centered care and best practices in assisting older adults living with dementia with ADLs. Describe strategies for addressing ADLs throughout the progression of dementia. Identify situations that may trigger dementia-related behaviors.		
Class	Assisting an Older Adult Living with Dementia with Bathing	0.33 hr	CARE1210
Description	This class covers how to apply person-centered care when assisting clients living with dementia with bathing. Caregivers will learn how to adapt the client's home environment for bathing, ensure the client's dignity and independence, and techniques for assisting the client during the bathing process.		
Objectives	Apply person-centered strategies for assisting older adults living with dementia with bathing. Describe tactics for adapting the client's bathing environment. Recognize best practices for ensuring the client's dignity, independence, and choice before, during, and after bathing.		
Class	Assisting Older Adults Living with Dementia with Grooming	0.25 hr	CARE1211
Description	This class covers how to assist clients living with dementia with grooming, including haircare, shaving, skin and nail care. Caregivers will learn how to support the client during the process of grooming to ensure the client's dignity, independence, and choice.		
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with grooming, including haircare, shaving, skin and nail care. Recognize best practices for supporting the client's dignity, independence, and choice during the grooming process.		

Class	Assisting Older Adults Living with Dementia with Dressing	0.25 hr	CARE1212
Description	This class covers how to apply person-centered care when assisting clients living with dementia with dressing. Caregivers will learn how to adapt the client's home environment for dressing, and how to ensure the client's dignity, independence and choice during the dressing process.		
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with dressing. Describe tactics for adapting the client's home environment for dressing. Recognize best practices for maintaining the client's dignity, independence, and choice while dressing.		
Class	Assisting Older Adults Living with Dementia with Oral Hygiene	0.25 hr	CARE1213
Description	This class covers how to apply person-centered care when assisting clients living with dementia with oral hygiene. Caregivers will learn how to support the client's dignity, independence, and choice during the process of providing oral hygiene. Health considerations and adaptive equipment for oral hygiene are also covered.		
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with oral hygiene. Recognize best practices for maintaining the client's dignity, independence, and choice while providing assistance with oral hygiene. Suggest adaptations and equipment for clients who need additional support during oral hygiene care.		
Class	Assisting an Older Adult Living with Dementia with Toileting	0.25 hr	CARE1214
Description	This class covers how to apply person-centered care when assisting clients living with dementia with toileting. Caregivers will learn how to adapt the client's home environment, and how to support the client's dignity, independence, and choice during the toileting process. Health considerations and adaptive equipment for toileting are also covered.		
Objectives	Apply person-centered strategies for assisting older adults living with dementia with toileting. Describe tactics for adapting the client's home environment to support toileting. Recognize best practices for ensuring the client's dignity, independence, and choice before, during, and after toileting.		
Class	Assisting an Older Adult Living with Dementia with Eating	0.25 hr	CARE1215
Description	This class covers how to apply person-centered care when assisting clients living with dementia with eating. Caregivers will learn how to support the client's dignity, independence, and choice during the dining process. Health considerations, adaptive equipment, and hand over hand assistance for eating are also covered.		
Objectives	Apply person-centered strategies for assisting older adults living with dementia with eating. Describe tactics for adapting the client's home environment to support eating. Recognize best practices for ensuring the client's dignity, independence, and choice during the dining process.		
Class	Mobility and Falls Prevention for Older Adults Living with Dementia	0.25 hr	CARE1216
Description	In this class, caregivers will learn the mobility challenges faced by persons living with dementia, how to adapt the client's home environment to prevent falls, and what steps to take if a client falls.		
Objectives	Explain why older adults living with dementia are at greater risk for falls. Describe tactics for preventing falls.		
Class	Activities for Older Adults Living with Dementia	0.33 hr	CARE1217
Description	In this class, caregivers will learn the benefits of providing activities for older adults living with dementia and how to safely provide meaningful, engaging, person-centered activities.		
Objectives	Describe basic principles and best practices for activities for older adults living with dementia. Identify and plan meaningful and engaging, person-centered activities for older adults living with dementia. Determine how to safely coordinate activities for older adults living with dementia.		

Class	Anxiety in Older Adults Living with Dementia	0.25 hr	CARE1218
Description	This class will help direct care workers recognize the signs and symptoms of anxiety in older adults living with dementia. Learners will identify approaches for managing anxiety in older adults living with dementia.		
Objectives	Recognize signs of anxiety in older adults living with dementia. Identify approaches for managing anxiety in older adults living with dementia.		

State-Specific Classes & Supplements (for Compliance)		Length	Class ID
Class	Preventing Sexual Harassment in the Workplace	2 hr	CARE0106S
Description	It's important to ensure that supervisors understand how to handle sexual harassment issues, particularly as it pertains to caregivers who are working in clients' homes. This class answers commonly asked questions about harassment and discrimination and offers useful tips for how to prevent harassment in the workplace. It provides specific guidance on how to handle employee complaints and avoid litigation. The presenter is attorney Bob King, Founder of Legally Nanny®. Mr. King is a labor and employment attorney based in Orange County, California. He served on the Board of Directors for the Home Care Association of America, and the International Nanny Association. He currently serves as the General Counsel for the Association of Premier Nanny Agencies. The California Department of Fair and Employment Housing (DFEH) requires supervisors to take 2 hours of sexual harassment prevention training. This 2-hour training, combined with CARE0106CA Sexual Harassment Report: California Supplement, will enable supervisors in California to fully meet the sexual harassment prevention training required to meet CCR Section 12950.		
Objectives	Apply federal and state guidelines governing sexual harassment, discrimination, and retaliation. Determine how to manage sexual harassment complaints and support victims. Develop strategies for preventing sexual harassment in the workplace.		

Class	Sexual Harassment Prevention: California State Supplement	0.08 hr	CARE0106CA
Description	This state-specific educational material supplements CARE0106 Sexual Harassment Prevention (for caregivers) and CARE0106S Preventing Sexual Harassment in the Workplace (for supervisors) to fully meet the sexual harassment prevention training requirement per CCR Section 12950. This supplementary document covers the reporting process, legal remedies, and how to contact the Department of Fair Employment and Housing (DFEH).		
Objectives	Recognize the sexual harassment reporting process in California.		

Class	Sexual Harassment Prevention: Delaware State Supplement	0.08 hr	CARE0106DE
Description	This state-specific educational supplement to CARE0106 Sexual Harassment Prevention provides the information to file a sexual harassment complaint with the Delaware Department of Labor (DDOL), and how to contact the DDOL. It also covers the supervisor's role in demonstrating appropriate workplace behavior.		
Objectives	Recognize the legal remedies and complaint process for sexual harassment in Delaware and the steps for filing a complaint. Access the contact information for the Delaware Department of Labor. Understand the supervisor's role in preventing and addressing sexual harassment and retaliation.		

Class	Sexual Harassment Prevention: Illinois State Supplement	0.08 hr	CARE0106IL
Description	This state-specific educational material supplements CARE0106 Sexual Harassment Prevention to fully meet the sexual harassment prevention training requirement for the state of Illinois. This supplementary document covers the complaint process, legal remedies, and how to contact the Illinois Department of Human Rights. Agencies must cover their company-specific reporting process with employees for full compliance.		
Objectives	Recognize the sexual harassment complaint filing process for Illinois. Access Illinois Department of Human Rights contact information. Identify supervisory and managerial employee responsibilities in preventing and addressing sexual harassment and retaliation.		

Class	Sexual Harassment Prevention: New York State Supplement	0.25 hr	CARE0106NY
Description	This state-specific educational material supplements CARE0106 Sexual Harassment Prevention (for caregivers) to fully meet the sexual harassment prevention training requirement per New York State and New York City requirements. This supplementary document covers the reporting process, legal remedies, and how to contact the New York Commission and Division of Human Rights. Agencies must cover their company-specific reporting process with employees for full compliance.		
Objectives	Recognize the sexual harassment reporting and investigatory process in New York State and New York City. Access local or federal complaint forms and contact information. Understand supervisory and managerial employee responsibilities in preventing and addressing sexual harassment and retaliation. Understand the basics of bystander intervention.		
Class	Electronic Visit Verification (EVV): New York State Supplement	0.08 hr	CARE0150NY
Description	This state supplement covers New York State-specific information about Electronic Visit Verification, including ways of collecting and submitting data, and where to find EVV information for agencies, caregivers, and consumers.		
Objectives	Explain the NYS Choice Model. Describe how EVV data may be collected and submitted in New York State. Identify where to find information about EVV on the NYDOH website.		
Class	Washington State Orientation Training	2 hr	CARE0199WA
Description	This class meets the 2-hour orientation training required for long-term care (LTC) workers in Washington state. It covers caregiver roles and responsibilities, effective communication, clients' rights, abuse awareness and prevention, and principles of observation, documentation, and reporting. This class is the first component of CareAcademy's approved Washington State Orientation and Safety (ORSA) online training program. To meet the entire 5-hour ORSA requirement, caregivers must also complete CareAcademy's 3-hour Washington State Safety Training.		
Objectives	Explain the role of aging in the twenty-first century. Define caregiver roles, responsibilities, and care settings. Describe the correct way to interact with members of the care team to follow a client's care plan. Define communication and describe tactics for effective communication. Describe approaches to dealing with conflicts. Recognize the laws on privacy and confidentiality of client information (Health Insurance Portability and Accountability Act, or HIPAA). Describe caregivers' mandated reporting responsibilities in Washington state. Identify types of observation. Describe types of reports caregivers make and the elements of effective reports. Describe the characteristics of good documentation.		
Class	Recognizing and Preventing Abuse of Older Persons: Nevada	0.16 hr	CARE0202NV
Description	This Nevada state supplement covers the legal definitions and serious occurrence reporting requirements for abuse of older adults including neglect, exploitation, isolation, and abandonment.		
Objectives	Understand the legal definitions of abuse, neglect, exploitation, isolation, and abandonment of older adults and vulnerable persons. Identify who is responsible for reporting abuse of older adults and vulnerable persons. Determine how to make a report of abuse of older adults and vulnerable persons.		
Class	Methods and Techniques to Prevent Skin Breakdown: Oregon State Supplement	0.08 hr	CARE0300OR
Description	Methods and Techniques to Prevent Skin Breakdown: Supplement This supplement covers methods and techniques to prevent skin breakdown in older adults.		
Objectives	Describe the causes of skin breakdown. Identify skin breakdown. Describe methods and techniques to prevent skin breakdown.		
Class	Florida Law on HIV Testing and Confidentiality	0.08 hr	CARE0513FL
Description	This state supplement covers Florida's legal requirements for HIV testing; counseling and resources; client confidentiality; notifications to partners, care team or third parties; and considerations for pregnant women.		
Objectives	Understand the requirements for HIV test result notifications. Review the protections for health care personnel and confidentiality of test subjects (clients). Identify the resources available for HIV testing and counseling. Describe when to document HIV test results or refusals in a person's medical file.		

Class	Florida Law on Assistance with Self-Administration of Medication: Supplement	0.08 hr	CARE0515FL
Description	This state supplement covers Florida's legal requirements for assistance with self-administration of medication, including the tasks that caregivers are and are not able to perform when assisting clients.		
Objectives	Define terminology used in the Florida statute on assisting with medication self-administration. Describe the forms of medication that a caregiver may assist a client to self-administer. Identify the tasks that caregivers may and may not perform when assisting clients with self-administration of medication.		
Class	Tuberculosis Training, Testing, and Reporting Requirements: New York State Supplement	0.05 hr	CARE0519NY
Description	This state supplement covers New York State's legal requirements for tuberculosis (TB) testing, training, and reporting.		
Objectives	Identify the TB screening requirements for health care workers in New York State. Describe the TB training requirements for workers in healthcare settings in New York State. Explain the requirements for reporting TB test results in New York State.		
Class	Food Labels and Special Diets: Arizona State Supplement	0.08 hr	CARE0600AZ
Description	This supplement covers how to read food labels to assist clients when shopping for groceries. It also covers the health issues that may require medically recommended diets, and how to adapt meals for modified diets.		
Objectives	Identify the components of food labels and ingredient lists. Describe the health issues that may require a modified diet. Explain how to assist a client to comply with a medically recommended diet.		
Class	Hepatitis B and C Supplement	0.03 hr	CARE0700HEP
Description	This supplement covers the symptoms of hepatitis B (HBV) and C (HCV), how they are spread, and why vaccinations are the best protection against HBV.		
Objectives	Discuss how hepatitis B and C are transmitted. List the symptoms of hepatitis B and C. Identify the benefits of hepatitis B vaccinations.		
Class	Responding to Non-Medical Emergencies: Oregon State Supplement	0.03 hr	CARE0800OR
Description	This supplement covers how caregivers should respond to common non-medical emergencies.		
Objectives	Describe the process for correctly responding to a client who experiences a common non-medical emergency: a headache; a muscle sprain; a strain; minor cuts, scrapes, and bruises; or a nosebleed.		
Class	Washington State Safety Training	3 hr	CARE0899WA
Description	This class meets the 3-hour safety training required for long-term care (LTC) workers in Washington state. It covers workplace safety, safety precautions and falls prevention, infection control measures, emergency procedures and fire safety, and observing and reporting changes in a client's condition. This class is the second component of CareAcademy's approved Washington State Orientation and Safety (ORSA) online training program. To meet the entire 5-hour ORSA requirement, caregivers must also complete CareAcademy's 2-hour Washington State Orientation Training.		
Objectives	Identify ways to take care of yourself and keep yourself safe when working in and around the client's home. Discuss strategies and tactics for preventing falls in older adults. Define infection control and explain its importance. Identify common bloodborne pathogens and other infectious diseases. Demonstrate appropriate practices for controlling infection when it occurs. Demonstrate emergency preparedness, including handling of emergencies and use of emergency services. Apply standard fire safety tips in a fire emergency. Effectively observe and report changes in the older adult's condition.		
Class	Idaho Caregiver Skills Challenge Exam	0.5 hr	CAREIDSMXM
Description	N/A		
Objectives	The Idaho Caregiver Challenge Exam enables professional caregivers with at least 24-months of experience and who successfully pass the challenge exam to opt-out of the Idaho Skills Matrix Training program.		

OASIS Training		Length	Class ID
Class	Introduction to OASIS	0.86 hr	CARE7001
Description	In this class, you will learn the purpose of the OASIS assessment and the impact it has on your home health organization. The class will introduce you to the OASIS guidance manual and the OASIS conventions you should follow when completing the OASIS assessment. You will also observe an expertly-performed OASIS assessment with tips and reminders of relevant OASIS assessment items.		
Objectives	Describe the role that OASIS plays in public reporting. Describe the impact OASIS has on home health organization finances. Explain the OASIS conventions that you should consider when completing an OASIS assessment. Explain how to score OASIS timely and accurately.		
Home Care Office Training		Length	Class ID
Class	Phone Etiquette: The First Step to Building Relationships	0.38 hr	CARE8001
Description	Using basic phone etiquette helps to build positive relationships with your clients from the very beginning. Creating a professional and supportive atmosphere helps them to feel understood and confident in your agency's ability to assist them. In this class, you will learn why phone etiquette is so vital to building relationships and techniques for making a great first impression on the phone.		
Objectives	Explain the importance of using proper phone etiquette. Explain how utilizing proper telephone etiquette helps to build a positive relationship with the caller. Explain how to perform common phone tasks using good phone etiquette. Identify examples of proper phone etiquette.		
Class	Phone Etiquette: Successfully Conducting an Initial Phone Call	0.4 hr	CARE8002
Description	People calling with questions about your agency's services may be unsure of how you can help them. They may even be unsure of their own needs. During these initial calls, it is imperative to listen to the caller to determine what they need, make them feel heard, and guide them to the best solution for their unique situation. Conducting these calls effectively can lead to a new client for your agency and the privilege of helping another family. In this class, you will learn techniques for successfully conducting these initial phone calls.		
Objectives	Describe the importance of successfully conducting an initial phone call. Describe characteristics of callers reaching out with an initial phone call. Identify effective techniques for successfully conducting an initial phone call.		
Class	Phone Etiquette: Addressing Client Concerns	0.4 hr	CARE8003
Description	Speaking with a client who has concerns about an aspect of your agency's services can be challenging. It's important to be prepared for these conversations. Learning to address the caller's concerns in a supportive and professional manner will help meet the client's needs and also prevent unnecessary frustration for you. In this class, you will learn techniques to approach these conversations with confidence and tact.		
Objectives	Explain how to be prepared for a conversation with a concerned caller. Identify techniques for effectively addressing client concerns on the phone.		

Facility-Based Care		Length	Class ID
Class	Foundations for DCWs in Facility-Based Care Settings	0.75 hr	CAREg001.
Description	This class will introduce direct care workers (DCWs) to assisted living facilities and other common facility-based care settings. You will learn about the services provided by common facility-based care settings, how service plans are created and modified, levels of care within assisted living facilities, and the importance of promoting independence and positive interactions with your clients.		
Objectives	Describe the services offered within assisted living and other facility-based care settings. Describe how facilities commonly determine the required level of care for their residents. Describe the difference between personal services and skilled care. Describe the purpose of the care plan. Describe how the care plan is modified. Describe the importance of promoting your client's right to independent living within a facility-based care setting. Describe the benefits of having positive interactions with your clients		
Class	Managing Relocation Stress in Facility-Based Care Settings	0.5 hr	CAREg002
Description	Moving to a new living environment can be a very stressful experience. This is especially true for older adults who may need to move unexpectedly or against their wishes. It can be even more difficult for older adults living with complicated medical conditions, such as dementia. These types of moves often lead to relocation stress, also known as transfer trauma. In this class, you will learn what causes relocation stress, how to identify it, and how to help older adults who may be experiencing relocation stress.		
Objectives	Define relocation stress. Describe the risk factors for experiencing relocation stress. Describe the common symptoms of relocation stress. Describe common strategies for alleviating relocation stress.		

Video Library	Length	Class ID
Class Video: Hand Hygiene	03:42	VID0001
Class Video: Donning and Doffing Gloves	01:59	VID0002
Class Video: Assistance with Bedpan Use	04:00	VID0003
Class Video: Tub Bath or Shower	02:16	VID0004
Class Video: Oral Hygiene	01:47	VID0005
Class Video: Assisting with Medication Self-Administration: The Five Rights	03:28	VID0006
Class Video: Assisting an Older Adult to Walk Safely	00:43	VID0007
Class Video: Assisting an Older Adult to Fall Safely	01:04	VID0008
Class Video: Assisting an Older Adult to Transfer Using a Gait Belt	02:50	VID0009
Class Video: Assisting an Older Adult to Transfer from a Wheelchair to a Car	01:57	VID0010
Class Video: Moving an Older Adult Up in Bed	00:56	VID0011
Class Video: Assisting an Older Adult to Sit at the Side of the Bed	01:55	VID0012
Class Video: Proper Body Mechanics & Safety	01:07	VID0013
Class Video: Reporting the Client's Condition	04:08	VID0014
Class Video: Incident Reports	02:01	VID0015
Class Video: Characteristics of Good Documentation	02:28	VID0016
Class Video: Reporting Emergencies	04:55	VID0017
Class Video: Understanding Your Client's Rights	03:46	VID0018
Class Video: Client Confidentiality	04:12	VID0019
Class Video: Health Care Proxy	00:59	VID0020
Class Video: Living Will	00:59	VID0021
Class Video: Setting Clear Goals and Priorities	10:44	VID0022
Class Video: Signs and Symptoms of Anxiety	05:36	VID0023
Class Video: Signs and Symptoms of Depression	03:56	VID0024
Class Video: Determining Normal vs. Abnormal Conditions	01:56	VID0025
Class Video: Documentation Problems	04:31	VID0026
Class Video: How to Administer Oral Liquids	02:27	VID0027
Class Video: Active Range of Motion for the Upper Body	03:12	VID0028
Class Video: Taking a Tympanic Temperature	01:41	VID0029
Class Video: Dealing with Conflict	04:33	VID0030
Class Video: What is Empathy?	06:58	VID0031
Class Video: HIV Transmission and Infection	07:02	VID0032
Class Video: Defining Abuse, Exploitation, and Neglect	02:02	VID0033
Class Video: Types of Elder Abuse	03:05	VID0034
Class Video: Preventing Elder Abuse	02:24	VID0035
Class Video: Objective Observations: Senses	03:04	VID0036
Class Video: Subjective Observations	02:22	VID0037
Class Video: Reporting Elder Abuse	02:01	VID0038
Class Video: Advance Directives	01:43	VID0039
Class Video: Supporting a Client with Mental Illness	10:14	VID0040
Class Video: Diagnosis and Treatment of Mental Illness	05:56	VID0041
Class Video: Assisting with Physical Needs at the End of Life	07:23	VID0042

Class	Video: Assisting with Emotional Needs at the End of Life	06:52	VID0043
Class	Video: Last Moments of Life	02:06	VID0044
Class	Video: Immediately After Death	02:22	VID0045
Class	Video: What is Dementia?	02:52	VID0046
Class	Video: Keeping an Older Adult with Dementia Safe at Home	10:19	VID0047
Class	Video: The Integumentary System	03:25	VID0048
Class	Video: The Musculoskeletal System	03:35	VID0049
Class	Video: The Cardiovascular System	02:50	VID0050
Class	Video: Monitoring Clients with Cardiovascular Conditions	06:07	VID0051
Class	Video: The Brain and Nervous System	08:14	VID0052
Class	Video: The Respiratory System	02:49	VID0053
Class	Video: Monitoring Clients with Respiratory Conditions	06:41	VID0054
Class	Video: The Endocrine System	02:57	VID0055
Class	Video: The Reproductive System	02:00	VID0056
Class	Video: The Urinary System	02:18	VID0057
Class	Video: The Digestive System	03:46	VID0058
Class	Video: Recognizing When a Modified Diet is Needed	05:53	VID0059
Class	Video: Basics of Food and Nutrition	04:48	VID0060
Class	Video: Observing and Monitoring Nutrition	01:33	VID0061
Class	Video: Food and Liquid Texture Modifications	07:29	VID0062
Class	Video: Understanding Temperature	03:17	VID0063
Class	Video: Taking an Oral Temperature	04:10	VID0064
Class	Video: How to Report Temperature	01:25	VID0065
Class	Video: Understanding Pulse	03:14	VID0066
Class	Video: Taking a Pulse	06:12	VID0067
Class	Video: Understanding Respiration	01:50	VID0068
Class	Video: Taking Respirations	01:29	VID0069
Class	Video: Understanding Blood Pressure	02:39	VID0070
Class	Video: Taking Blood Pressure	06:05	VID0071
Class	Video: Observing and Reporting Pain	02:49	VID0072
Class	Video: Assessing Pain	05:08	VID0073
Class	Video: Physical and Verbal Cues of Pain	07:23	VID0074
Class	Video: Heat and Ice for Treating Pain	03:18	VID0075
Class	Video: Assistance with Urinal Use	02:26	VID0076
Class	Video: Observing the Urinary System	01:21	VID0077
Class	Video: Understanding Prescription Labels	03:13	VID0078
Class	Video: Purpose and Types of Medications	08:49	VID0079
Class	Video: Observing and Documenting Medication Self-Administration	03:28	VID0080
Class	Video: Storing and Handling Medications	01:31	VID0081
Class	Video: Assisting with the Use of Oxygen	03:49	VID0082
Class	Video: What is a Stroke?	02:30	VID0083
Class	Video: What is Parkinson's Disease?	04:32	VID0084
Class	Video: Assisting an Older Adult to Transfer Using a Mobility Device	02:15	VID0085

Class	Video: Assisting an Older Adult to Transfer Using a Slide Board	02:09	VID0086
Class	Video: Assisting with Hoyer Lifts	03:42	VID0087
Class	Video: Assisting with Mobility Devices	03:00	VID0088
Class	Video: Assisting with Wheelchairs	03:22	VID0089
Class	Video: Active Range of Motion for the Lower Body	02:02	VID0090
Class	Video: Passive Range of Motion	03:27	VID0091
Class	Video: Emptying a Urinary Catheter Drainage Bag	03:14	VID0092
Class	Video: Changing and Cleaning a Urinary Catheter Drainage Bag	04:37	VID0093
Class	Video: Determining Normal vs. Abnormal Skin Conditions	00:51	VID0094
Class	Video: Skin and Wound Care	03:59	VID0095
Class	Video: Preventing Contractures	01:27	VID0096
Class	Video: Understanding Tuberculosis	07:31	VID0097
Class	Video: Caring for a Client with Active Tuberculosis	05:16	VID0098
Class	Video: How to Perform Digital Stimulation	05:07	VID0099
Class	Video: Providing Assistance with Oral Feeding	06:02	VID0100
Class	Video: Defining Long-Term Care	02:29	VID0101
Class	Video: Defining Scope of Practice	01:49	VID0102
Class	Video: Direct Care Workers and the Care Team	02:21	VID0103
Class	Video: Understanding Restraints	05:03	VID0104
Class	Video: Understanding Tube Feeding Using a Syringe (Bolus Method)	04:25	VID0105
Class	Video: Understanding Tube Feeding Using a Gravity Drip Method	05:13	VID0106
Class	Video: Understanding Tube Feeding Using a Feeding Pump	05:12	VID0107
Class	Video: Cleaning the Gastrostomy Site	02:44	VID0108
Class	Video: Electronic Visit Verification (EVV)	03:43	VID0109
Class	Video: Understanding Human Sexuality	06:20	VID0110
Class	Video: Overview of Human Needs	04:15	VID0111
Class	Video: Emergency Planning and Response: Your Role as a Direct Care Worker	01:47	VID0112
Class	Video: Assisting Your Client with Making an Evacuation Plan	04:31	VID0113
Class	Video: Emergency Kits: Preparing a Stay at Home Kit	03:01	VID0114
Class	Video: Emergency Kits: Preparing an Evacuation Kit	02:24	VID0115
Class	Video: Evacuating Your Client	04:00	VID0116
Class	Video: Providing Perineal Care	03:23	VID0117
Class	Video: Introduction to Substance Abuse in Older Adults	02:31	VID0118
Class	Video: Identifying Substance Abuse	03:19	VID0119
Class	Video: Caring for a Client with a Substance Use Disorder	03:14	VID0120
Class	Video: Bathing a Client in Bed	06:22	VID0121
Class	Video: Introduction to Antidepressants	02:28	VID0122
Class	Video: Introduction to Anti-Anxiety Medications	02:51	VID0123
Class	Video: Introduction to Mood Stabilizers	02:04	VID0124
Class	Video: Introduction to Antipsychotic Medication	03:46	VID0125
Class	Video: Assisting with Hearing Aid Use and Care	04:25	VID0126
Class	Video: Providing Skin Care	04:31	VID0127
Class	Video: Providing Fingernail Care	03:56	VID0128



CareAcademy Core Class List

CareAcademy Training Courses

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Class	Video: The Importance of Positive Client Interactions	03:08	VID0129
Class	Video: Social Determinants of Health	03:16	VID0130
Class	Video: Cultural Competency	01:48	VID0131
Class	Video: Cultural Competency: Common Myths	03:39	VID0132
Class	Video: Microaggressions	02:28	VID0133
Class	Video: Introduction to Relocation Stress	02:42	VID0134
Class	Video: Introduction to Palliative Care	04:18	VID0135
Class	Video: Introduction to Hospice Care	04:05	VID0136

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